# Return to Archery (Indoors) v1.4 – 16th September 2021

### **General Guidelines**

Ely Archers MUST NOT come to the range/club if they show symptoms of any illness but in particular of Covid-19.

These are highlighted on NHS Direct - <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>

If you have any of the main symptoms of COVID-19, even if they're mild:

- Get a PCR test (test that is sent to a lab) to check if you have COVID-19 as soon as possible.
- You and anyone you live with should stay at home and not have visitors until you get your test result – only leave your home to have a test.

If you are symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should stay at home.

Archers must notify the club should they develop symptoms after attending the archery range.

### **Face Masks**

To discourage transmission of the virus, Archery GB recommends members wear face coverings when not actively shooting.

## **Booking Sessions**

All sessions must be pre-booked via the online booking system.

You can shoot on a Friday evening and Sunday morning (subject to change).

- Friday sessions 7pm-9pm (Ely College)
- Sunday sessions 9.30am--12noon (King's Sports Hall)

Do not attend archery practice unless you have a confirmed booking.

Booking will be available a week in advance. Bookings close at midnight the day before the session.

Bookings may be rejected if you have overbooked.

If after booking you find you cannot attend, please cancel your booking – cancel links can be found in your original booking email.

## **Archery Sessions**

Please feel free to arrive at least 15 minutes before your session begins so that you can help set up.

If paper scoring, please have just one person on your target recording all scores. Do not pass around the clipboard.

# Hand sanitiser and wipes

Please wash your hands before coming to archery. Please bring your own sanitiser and wipes to clean down your own equipment after use. Sanitiser and wipes will be provided for wiping down and for cleaning shared club equipment and surfaces (e.g. targets, door handles, locks).